

MUKINBUDIN PUBLIC HEALTH PLAN 2026 | 2028



Draft 1 / June 2026

Facilities



Sporting Facilities



Playgrounds



Footpath, Bike & Walking Trails



Volunteer
Emergency
Services



Reticulated Sewerage
& Treatment System



Parks and
Community
Gardens



Halls & Civic
Centres



Refuse Site



Aged Housing



Community
Health Centre

Services & Programs



Event Coordination



Ranger Services



Environmental
Health Services



Building Services



Town Planning
Services



Community
Services



Allied &
Complementary
Services



Healthy Aging &
Disability Support



GP Clinic
Nursing
Child Health Support

Figure 1: Examples of Shire facilities and services that support local public health and community wellbeing

SHIRE PRESIDENT INTRODUCTION

Council recognises that the health and wellbeing of our residents are fundamental to the strength, resilience and long-term sustainability of our community. We acknowledge our responsibility to make informed decisions which support positive local health outcomes and enhance the wellbeing of both current and future generations.

This is our first Local Public Health Plan ("the Plan"), developed to provide a flexible and adaptive framework which supports local and regional public health initiatives. Informed by local population health data. The Plan outlines the Shire's role in protecting, promoting and improving community health and wellbeing.

The Plan aligns with our Integrated Strategic Plan 2025–2035 and reflects the Shire's structured approach to maintaining and enhancing health related services, facilities and programs. It also recognises the four key pillars of our Integrated Strategic Plan Economic, Community, Environment, and Civic Leadership, together with our commitment to sound governance, strategic risk management and continuous improvement.

Importantly, The Plan identifies opportunities to collaborate with State and Regional partners, to address current and emerging public health priorities. Through this Plan, Council reaffirms its commitment to proactive, evidence-based planning, to supporting a healthy, connected and resilient community; now and into the future.

CEO MESSAGE

The Shire plays an important role in protecting and promoting community health and wellbeing. Under the Local Government Act 1995, the Health (Miscellaneous Provisions) Act 1911 and the Public Health Act 2016, the Shire has key responsibilities in supporting public health outcomes through environmental health management, maintenance of safe, built environments, food and water safety programs, hazard and risk assessment along with emergency and incident management.

The Public Health Act 2016 requires all Local Governments to prepare Local Public Health Plans aligned with the State Public Health Plan, integrated with local strategic planning and are informed by local population health data. This Plan forms an important component of the Shire's Integrated Strategic Plan 2025–2035 and provides a framework for addressing current and emerging public health priorities within our community.

As the Shire's inaugural Local Public Health Plan, this document adopts a strengths-based approach which recognises the value of existing local health services, facilities and community assets. It also identifies opportunities for collaboration, partnerships and external funding to support improved population health outcomes, community wellbeing and local stewardship.

As this is our first Local Public Health Plan, the process is intended to be progressive and adaptive, beginning with practical and achievable objectives that can be effectively monitored, reviewed and annually reported as required in the Health Act. The Plan is designed to respond to emerging initiatives and evolving population health data, ensuring it remains relevant to the needs of our community. Ultimately, the success of this process will be reflected in our community's capacity to make healthier and more informed lifestyle choices.

STATE PUBLIC HEALTH PLAN

The Department of Health published the State Public Health Plan (SPHP) in June 2025, as required under section 43, Part 5 of the Health Act. The SPHP outlines priorities for the promotion and protection of public health and the delivery of services in Western Australia through to 2030. <https://www.health.wa.gov.au/~media/Corp/Documents/About-us/Public-Health-Act/State-Public-Health-Plan-2025-2030.pdf>

The Health Act requires Local Public Health Plans to be consistent with the SPHP. Accordingly, the State's vision, objectives and priorities have been considered and where practicable, incorporated into the review and redevelopment of this Public Health Plan.



LOCAL POPULATION HEALTH PROFILE DATA

The Shire of Mukinbudin Population Health and Wellbeing Profile was produced by State Health Department's Epidemiology Branch. This data has been interpreted with WA Country Health Services (WACHS) and reproduced in a more readily communicated Snapshot version.

As per the Section 45 of the Health Act, the preparation of this plan included the examination of local population health data. Due to the age of the data the plan is also looking ahead to more up-to-date information that will follow, from the 2026 Census. It will also be referred to the community and stakeholders as part of an Annual Review to further assess local public health needs. Importantly, the development, application and review of the plan is an adaptive process where new data, health initiatives and funding opportunities may influence priorities.

The basis of the Shire's population health data is as of 30 June 2024, an estimated 603 people lived in the Shire of Mukinbudin. Around 55.7% were Male and 44.3% were Female. The initial health profile data is presented on a strengths basis such as:

Nutritionally - 35.9% of residents aged 16 years and above ate the recommended serves of fruit daily, which was higher than the state prevalence of 33.4%. However, only 69.9% of our children aged 2-15 years ate the recommended serves of fruit daily, which was lower than the state prevalence of 75.4%.

Physical Activity - A higher percentage,

67.9% of residents aged 5-15 years completed the recommended amount of weekly physical activity, more than the State prevalence of 62.3%. However, 50.9% of Shire residents aged 18 years and above did not complete the recommended amount of weekly physical activity, much higher than the State prevalence of 39.1%.

Mental Health – Data trends for the prevalence of mental health issues such as stress, anxiety and depression are estimated to be lower in Mukinbudin than the state average. However, alcohol attributed harm and deaths are significantly higher in rural and regional areas, particularly for males.

While there are positive health behaviours within the community that provide a strong foundation for promoting healthy lifestyle practices, alcohol risk levels appear to be broadly consistent with those observed across the wider Western Australian adult population.

Given the well-recognised and complex relationship between substance use and mental health, there may be opportunities to strengthen protective factors, expand preventive programs and enhance community connection, to support improved health outcomes over time.

Looking ahead, emerging demographic trends will help inform future reviews, priority setting and the planning and delivery of local health initiatives.



69.9% of our children eat recommended serves of fruit per day, higher than the State average.



67.9% of our children meet the recommended weekly physical activity guidelines, higher than the State average.



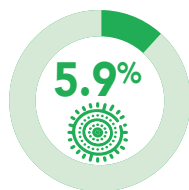
Lower than the State average mental health conditions.



Higher than State average alcohol-related harm.

POPULATION PROFILE SNAPSHOT

POPULATION



IDENTIFY AS ABORIGINAL



FAMILIES WITH AN ANNUAL INCOME <\$64,999



CURRENTLY UNEMPLOYED

OBJECTIVES AND PRIORITIES

The plan applies a functional approach to identifying objectives, listing primary environmental health roles and relevant statutory responsibilities as a foundation for supporting collaborations and initiatives which may influence local public health and wellbeing outcomes.

PRIORITIES

Figure 2. Objectives and Priorities

Aim - Is to continue to support health-related services and facilities that promote community health and wellbeing.			
OBJECTIVE	PRIORITY ACTIVITIES	WHEN	WHO
Primary Objective	Prepare and manage public health planning. [Section 16(a) Health Act 2016 - Function of a Local Government].	Ongoing	CEO
1.0 Perform Environmental Health Functions	1.1 Sustain statutory environmental health protections for: [Section 16(c)&(d) Health Act 2016 - Function of a Local Government] <ul style="list-style-type: none"> • Food, water and wastewater safety. • Assess built environment health impacts. • Manage hazards, infectious disease. • Assess health and amenity impacts. • Monitor compliance and emerging risks. • Communicate environmental health risks. • Support emergency incidences. 	Ongoing	EHO
2.0 Align with SPHP and Integrated Strategic Plan	2.1 Consider SPHP priorities as part of PHP annual reviews, [Sec 45(2). Health Act 2016]. 2.2 Consider relevant provisions of the Integrated Strategic Plan when reviewing the PHPlan. 2.3 Reviews of the Integrated Strategic Plan should be considered in conjunction with the PHPlan. [Sec 45(3). Health Act 2016].	Before PHP reviews	EHO & Exec
3.0 Examine Health Data and Consider Partnerships	3.1 Examine existing and emerging local population health data. [Sec 45(4)(b). Health Act 2016]. 3.2 Monitor potential partnerships and key agencies health initiatives to support local priority objectives. [Sec 45(4)(d)&(e) The Health Act 2016]. 3.3 Monitor State and regional agency initiatives and funding opportunities that support health and wellbeing outcomes. [Sec 45(4)(d). The Health Act 2016].	Ongoing	Exec
4.0 Undertake Reviews & Reports	4.1 Make the PHP available to the public. [Sec 46(1). Health Act 2016]. 4.2 Review the PHP annually and report to Council. [Sec 45(5). Health Act 2016]. 4.3 Replace the PHP (Within 5 years). [Sec 46(6). Health Act 2016]. 4.4 Refer to community feedback as part of reviews and redrafts. [Sec 45(4)(a). Health Act 2016].	Ongoing December 5 Years Ongoing	EHO

CONCLUSION

This Public Health Plan was developed in response to statutory requirements and prepared using an evidence-based approach to ensure it reflects both State and local health priorities, as well as the needs of the local community. The Plan recognises the Shire's existing health services and facilities while establishing practical, adaptable objectives that can be monitored, reported on and responsive to emerging health issues and future population health data. It also provides a framework to support health-related initiatives, strengthen key environmental health functions and promote community wellbeing and sustainable health outcomes.

The Plan has been made available in accessible formats to encourage awareness and participation. Community feedback will inform annual reviews, reporting and future redevelopment. Which will guide priorities, strengthen local decision-making and support shared responsibility for health, wellbeing and community resilience across the Shire.

KEY AGENCIES

 <p>Government of Western Australia Department of Health Epidemiology Branch</p>	 <p>Government of Western Australia South Metropolitan Health Service</p>	 <p>Government of Western Australia WA Country Health Service</p>	<p>PLAN PREPARED BY:</p>  <p>LG CONSULTING SOLUTIONS SERVE AND INFORM</p> <p>Tony Turner - 0429 411 117</p>
 <p>Wheatbelt Development Commission</p>	 <p>WA Primary Health Alliance Better health, together</p>	 <p>injury matters PREVENTION TO RECOVERY</p>	 <p>GOVERNMENT OF WESTERN AUSTRALIA healthway</p>

References: Integrated Planning Suite 2020 – 2030. | Shire Population Health Profile, WA Country Health Services Great Southern Population Health Unit. | Government of Western Australia WA Country Health Services, Great Southern Health Profile 2022. | Government of Western Australia Department of Health, State Public Health Plan for Western Australia 2024–2029, Objectives and Priorities, Proposed Framework for the Plan. | Government of Western Australia Department of Health, State Public Health Plan for Western Australia, Objectives and Policy Priorities for 2019-2024. | Government of Western Australia South Metropolitan health Services, Pathway to a Healthy Community, A Guide for Councillors and Local Governments.